

Youth Development Partnership Polk County Youth Development Map

Goal of Polk County youth development:

All youth will graduate from high school with options for the future as responsible involved members of society.

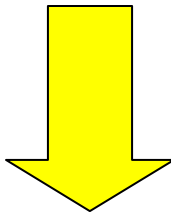
The following lists Polk County programs, services, agencies, metrics, etc. for various timeframes in a youth's life.

Elementary School

- Learning for Life
 - Co-ed career awareness programs in 15-20 grade schools in Des Moines, Johnston and Ankeny for 5th grade
- Cub Scouts
 - Boys grades 1-6
- Children and Family Urban Ministries (CFUM)
 - Breakfast Club (safe nurturing environment for K-8 before school)
 - Power Hour Reading (haven after school academic program with a literary focus)
 - Wonder Girls (gender specific 4th and 5th grade)
 - All day programming during fall, spring and summer breaks
- Youth Emergency Services and Shelter (YESS)
 - Crisis intervention, case management, counseling, crisis care to system and non system involved children
- FOCUS (DMPS/Broadlawns)
 - 3rd – 8th grade
 - Successful transition back to comprehensive school
 - Address academic and mental health issues – intensive day treatment/school program
- Juvenile Court
 - ESP – kids under 12 referred to the court for delinquent acts
- Camp Fire USA
 - Club Program (service learning, community awareness, outdoor education; being part of a group; many clubs throughout DSM and central IA; both volunteer and staff led in underserved areas)
 - Day Camp (building social, outdoor and physical and educational skills during summer and school breaks – sliding fees)
 - Self-Reliance (in Kindergarten classroom teaching kids positive ways to handle negative situations – stranger danger, saying “no”, etc.)
 - Camps (building social, physical and group living skills through outdoor education and experiences)
- Des Moines Public Schools (DMPS)
 - Learning supports
 - Dropout prevention
 - Homeless services
 - Success
- EFR – all grades in ES as available
 - Student assistance program
 - Substance abuse and violence prevention
 - Bilingual individual and family counseling
 - Intervention: culturally specific case management
- Boys & Girls Clubs of Central Iowa
 - After school and summer youth development programs
 - Three sites with elementary students
 - Arts, education, health, career and sports/fitness programs
 - Impact program includes education assistance – tutoring and reading academy
 - Partnership with Food Bank of Iowa, Everyone Wins, etc.
 - Outcomes: academic achievement and asset development

Youth Development Partnership Polk County Youth Development Map

- Everybody Wins! Iowa
 - Literary and mentoring programs
 - Serving 2-5th grade with same mentor for the year or multi year
 - Summer program
 - Readers as Leaders – high school mentors paired with 2-5 students
 - Partner with Levitt BGCCI
- ISU Polk County Extension
 - 4H clubs, clover Kids (K-3rd)
 - School enrichment classes – variety of academic areas, nutrition and health
 - Focus on communication, citizenship, leadership (6th grade and up)
- Big Brothers Big Sisters
 - Provides 1-1 HS and older mentors at schools
 - Provide 1-1 adult mentors of youth at their home
 - Develop 21 assets through the mentoring experience
- DMACC
 - Educational advisors and resources
- SUCCESS/Way to Grow
 - Case management – elementary and children prenatal
 - Family support
 - Drug and violence prevention – bully proofing
 - After school girl's groups
- YMCA Trim Kids
 - Diabetes prevention
- Chrysalis Groups
- Project Connect
 - Learning supports DMPS in 17 schools
 - 1-1 school based mentoring – minimum 1 time/week
 - Year round programming activities
 - Outcomes: increase reading scores/fluency; reducing suspension, increase school bonding, increase attendance, mentor training/screening/support
- Child Guidance Center
 - School based mental health in 20 elementary schools
 - Outpatient mental health at center
 - Child care resource and referral
 - Results: improved functioning, improving resilience, reduce risk factors, improve protective factors

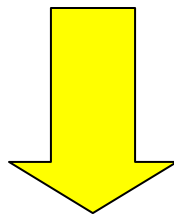


Transition from Elementary School to Middle School

- Children and Family Urban Ministries (CFUM)
 - Wonder Girls and Backyard Boys (gender specific programming)
 - Whyld Girls (strong literacy focus and mentoring)
- Mentor Iowa
 - Mentoring for court ordered children ages 6-14
- Boys & Girls Clubs
- Project Connect, Learning Supports Dept., DMPS
 - 1-1 school based mentoring – special focus on assisting with ES to MS transition
 - Year round activities and programming including leadership teams, book clubs, service projects

Youth Development Partnership Polk County Youth Development Map

- Outcomes: academic achievement, ATOD prevention, reduced suspension rates and increased attendance
- DMACC Career Academy
 - Summer transitional programs and camps
- Everybody Wins!
 - 2nd – 5th students partnered with mentors in MS
- Polk County Extension
 - Adventure Learning Center (team building, communication)
 - Preparation for MS transition (meet new peers and establish relationships)
- Success Program
 - Summer program
 - Building social emotional competencies
- Young Women’s Resource Center
 - Problem solving groups



Middle School

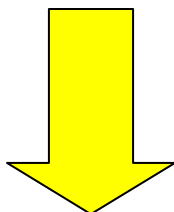
- Learning for Life
 - Career awareness, drug/alcohol prevention, and “making good choices” at Hiatt – 6th grade and Hoyt Moulton – 7th grade
- Ventures
 - Co-ed - grades 9-12
- Boy Scouts
 - Boys – grades 6-12
- ICAN (Iowa College Access Network)
 - How to succeed in high school
 - College planning services
- Child Support Awareness (DHS/CSRU and AG)
 - Curriculum available to schools
- Oakridge (project “Get it Done”, character development, tutoring, self-esteem, prevention, transition, leadership, etc.)
 - Members will improve academically
 - Members will improve behavior and demonstrate good citizenship
 - Members will practice safe and healthy lifestyles
- Young Women’s Resource Center
 - Problem solving groups for all middle schools
 - R3 leadership group
 - Visions group
 - Individual therapy
 - Community education
 - Chrysalis after school groups
- EFR
 - Case management for student/families
 - Drop out prevention groups
 - Intervention
 - Prevention programming
 - Individual and family counseling (including bilingual Spanish)

Youth Development Partnership Polk County Youth Development Map

- SAP – student assistance program
- Restorative justice programs
- Children and Family Urban Ministries (CFUM)
 - Gender specific groups – Backyard Boys and Whyld Girls – strong literacy focus mentoring groups
 - Haven – after school academic program, literacy for life focus, improve reading, writing and computer skills, community activism
 - All programs encourage positive choices, improved academics, higher education and being a positive influence in the community
 - All day programming during fall, spring and summer breaks
- Big Brothers Big Sisters
 - Provide 1-1 HS and adult mentors at some Polk County schools
 - Provide 1-1 adult mentors at the homes
 - Develop 21 assets in youth through mentoring relationships
- Chrysalis Foundation
 - After school programs for girls in leadership, resiliency and economic empowerment
- DMACC
 - Youth opportunities in career, exploration, advising and educational camps
- Des Moines Public Schools
 - Learning support in drop out prevention, success and advocacy
- IA Health Foundation – Center for Healthy Communities – Callanan MS - youth leadership development through a “inside-out” approach
 - For 6th-8th grade students trained in the 3 principles (health realization), targeted students participating in 6th and 7th grade drama class and leadership teams, teachers/staff trained during years 1-2
 - Goal: 100% of students learn the 3 principles of psychological functioning: mind, thought, consciousness
 - Results: students learn the 3 principles, increased enjoyment of school, increased care about how their actions affect others, increase in staff training, increased in feeling more effective in their job, decrease in office referrals, increase in math and reading scores, see Alice’s document for specific metrics
- Child Guidance Center
 - School based in 4 middle schools
 - Outpatient mental health services
 - Child care resource and referral functional family therapy
 - Results: improved functioning, improving resilience, reduce risk factors, improve protective factors
- Elevate/CFI
 - Advocacy, mentoring and consulting
 - Self-esteem building – story telling, empowerment to change and take ownership of own success
 - Permanency defined by youth
- YESS
 - 24 hour crisis intervention/stabilization services
 - Case management, counseling, remedial services
 - Family team decision making
 - Emergency shelter services for young people (ages 9-12) and families
 - Both system and non-system young people are served
- FOCUS (DMPS/Broadlawns – 3rd – 8th grade)
 - Successful transition back to comprehensive school
 - Address academic and mental health issues – intensive day treatment/school program
- Boys & Girls Clubs - McCombs Middle School Unit and Logan and First Christian Units (serve K-12)
 - Music in the Metro
 - Earth Heroes – environmental awareness – partner with the Blank Park Zoo)

Youth Development Partnership Polk County Youth Development Map

- Leadership groups
- Graphic arts club
- Food Bank Backpack Buddy
- After school summer programming
- Violence and gang prevention
- Camp Fire USA
 - Camp Outrageous (MS day camp and programs providing outdoor experiential learning – ropes courses, team building, etc.)
 - Club program (service learning, outdoor education, volunteer, team building character, etc.)
 - Day Camp Aides (training and experiences working with younger kids – “Learn & Serve America Project” recreation options)
 - Navigator (after school once/week in various DM area schools – confidence building, service, decrease drop out rate)
 - Achievement Camp (2 week camp summer school program to increase readiness for HS)
- Project Connect
 - Learning supports DMPS in 6 middle schools
 - 1-1 school based mentoring – minimum 1 time/week
 - Year round enrichment & learning activities including leadership teams, book clubs and field trips
 - Outcomes: increased academic achievement, reduced suspension, increased school bonding, increased attendance, ATOD prevention
- Polk County Extension
 - 4H Clubs (communication, citizenship and leadership)
 - Intermediate Council
 - Nutrition and health programming after school
 - Chrysalis After School Groups (at Goodrell and Saydel Woodside)
 - Young Men’s Groups (at Merrill, Hiatt, SEP and Woodside)
 - Adventure Learning Center (team building opportunities, leadership, challenge for healthy relationships, portable challenge)
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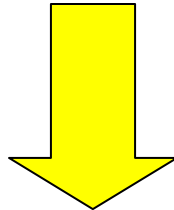


Transition from Middle School to High School

- Summer Work Out Program at Oakridge
 - Paid job experience
 - Financial literacy
 - Career exploration
 - Interviewing skills
 - Career character development
- SUCCESS Summer Program (5th grade going into 6th grade)
 - Building relationships
 - Getting familiar with building
 - Staff expectations
 - Have fun while learning about social and emotional adjustment
- DMACC
 - 2nd chance initiative with DMPD and other partners (CBO/FBO)
 - Career education and assessment, youth camps and career ladders
- Polk County Extension
 - Adventure Learning Center (teambuilding and communication skills)

Youth Development Partnership Polk County Youth Development Map

- Transition to HS building
- ICAN (Iowa College Access Network)
 - How to succeed in high school
 - College planning assistance
- Project Connect - Learning Supports./DMPS
 - 1-1 school based mentoring program with year round programming
 - Leadership teams, book clubs, service/learning projects
 - Outcomes: increased academic achievement, increased attendance, ATOD prevention



High School

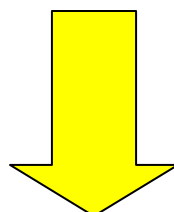
- Ventures
 - Co-ed, grades 9-12
- Learning for Life
 - Career exploring programs at East, Roosevelt, Lincoln and Johnston – 9th-12th grade
 - Young American and Exploring Awards – ages 15-20 at East, Roosevelt, Lincoln, North, Dallas Center and Johnston
 - Shoplifting interventions – ages 12-18 – 5th Judicial Courts
- Child Guidance Center
 - School board mental health
 - Center based outpatient
 - Results: functional improvement, improved resilience, reduce risk factors, increase protective factors
- ICAN (Iowa College Access Network)
 - College planning
 - Financial aid
 - Credit card management
- Child Support Awareness (DHS/CSRU and AG)
 - Curriculum available to schools about parenting/responsibility and child support - paternity
- The Fatherhood Initiative of Polk County
 - Improving the connection between father and child
 - Goal: to enhance the quality and quantity of time any father shares with his child
 - Scavo and North parenting class
- SUCCESS Program
 - Case management
 - Family support
 - Drug and violence prevention
- Boys & Girls Clubs
 - HyVee Academy – career preparation
 - Youth of the Year – recognition
 - Access to computer resources and the Internet
 - Jr. Staff – career development/youth service
 - Gang prevention
- Future Pathways
 - DMPS program to increase graduation rate and decrease drop out rate
 - Youth engagement
 - Advocacy

Youth Development Partnership Polk County Youth Development Map

- Career development
- DMPS – Learning Supports
 - Drop out prevention
 - Advocacy
 - Gear up
 - Homeless services
 - Success
 - Scavo HS
- Status of lowans of Asian & Pacific Islander Heritage
 - API E-Mentoring Program - connects Asian and Pacific Islander youth to professionals through email as well as face-to-face meetings and events. Goal: to reduce HR dropout rate by engaging youth in learning about post-HS opportunities
 - Together – student lead volunteer and civic engagement group
 - API Student Leadership Summit – leadership program for Asian & Pacific Islander HS students focusing on education, diversity, community involvement and civic engagement
- Division on Latino Affairs
 - Iowa Youth Congress (a minority majority student body of elected representatives who create and debate bills relevant to the youth community and act as a youth advisory body to elected officials)
- Iowa Jobs for America's Graduates (I-JAG)
 - Mission is to assist 9-12th grade “at risk” students who have multiple barriers to success.
 - Goal is to prepare them for a meaningful career and/or postsecondary education
 - Currently in 22 schools in Iowa – including 3 schools in Des Moines: North, Lincoln and East
 - Have 9 years of measurable outcomes showing success (e.g. 93% graduation rate, increased GPA, increased attendance, high level of job placement, high rate of wages upon entering workforce, etc.)
- Children and Family Urban Ministries (CFUM)
 - Have mentors (from youth who have gone through program) to return and give back and encourage younger students
 - Teaches job skills and encourages higher education
- Camp Fire USA
 - Apprentice counselor in training program (on job training and education for working with kids in camp setting)
 - Club program – service learning, team building and advocacy
 - volunteering
- YESS – crisis intervention and stabilization
 - Counseling, case management, remedial services
 - Family team decision making
 - Emergency shelter for system and non-system families and their children
- DMACC
 - Youth-at-Risk Consortium
 - Credit recovery and HS completion
- Venturing (ELF)
 - Co-ed outdoor experience with older Boy Scouts, church groups, etc.
- Youth Leaders of Character – grades 8-10
 - Based on Character counts!
 - Train youth-to-youth on ethics
- Iowa Comprehensive Human Services – Workforce Investment Act
 - For at-risk low income youth
 - Goals: graduate – assist with tutoring and mentoring, raise math/reading scores, employability skills, post secondary information/opportunities
- Everybody Wins! Iowa
 - Mentoring opportunities
- Elevate

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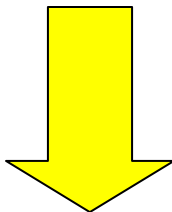
- Mentoring
- Consulting
- Advocacy
- Self-esteem building through storytelling/empowerment
- Successful transitions to adulthood/permanency
- Youth Leadership Initiative (also partner with Youth Ventures)
 - Empower youth to be knowledgeable stakeholders
 - Encourage youth to be confident and comfortable with self
 - Engage students in meaningful opportunities to serve their community
- Polk County Extension
 - 4H Clubs (county council, youth governance, communication, citizenship, leadership)
 - State Conference Adventure Learning Center
- Youth Leadership, Character & Service for Students/Youth with Disabilities (ASK Resource Center)
 - Provide empowerment opportunities
 - Build on character, self-confidence and self-determination/advocacy skills
 - Engage in identifying, planning and implementing service/civic engagement to communities
 - Link to “mainstream” youth leadership programs
 - Provide training to “mainstream” youth leadership programs to secure capacity for inclusion
- EFR (all grades in HS)
 - Substance abuse and violence prevention
 - Intervention – case management and drop-out prevention groups
 - Bilingual (Spanish) individual and family counseling
 - Student assistance program
 - Restorative justice programs
- State of Youth Advisory Council (SIYAC)
- Young Women’s Resource Center
 - SIG – NA – sexual assault support group for young women
 - Problem solving groups – 9th grade girls group in schools
 - Young moms
 - Mariposa – support and leadership group for Latina women
 - Individual therapy
- MilLEAD
 - Generational diversity training
 - Focused on building generational understanding and skills for navigating 4 generations in the workplace (Augustine Consulting)
- IA Health Foundation – Center for Healthy Communities – Callanan MS - youth leadership development through a “inside-out” approach
 - For 6th-8th grade students trained in the 3 principles (health realization), targeted students participating in 6th and 7th grade drama class and leadership teams, teachers/staff trained during years 1-2
 - Goal: 100% of students learn the 3 principles of psychological functioning: mind, thought, consciousness
 - Results: students learn the 3 principles, increased enjoyment of school, increased care about how their actions affect others, increase in staff training, increased in feeling more effective in their job, decrease in office referrals, increase in math and reading scores, see Alice’s document for specific metrics
- Big Brothers Big Sisters
 - Utilize HS students as 1-1 mentors with elementary school youth in some Polk county schools
 - Develop 21 assets through 1-1 mentoring



Youth Development Partnership Polk County Youth Development Map

Transition from High School to 18 Years & Above

- Learning for Life
 - Career exploring
- Community Support Advocates KEY Program
 - Age 17.5+ - transition from child mental health service to adult services
 - Goal: increase support and knowledge of adult system, decrease youth applying for SSI benefits, decrease youth in need of mental health services from disengaging
- Iowa Comp. Human Services – WIA
 - Increase math and reading
 - Get GED or HS diploma
 - Employability skills
 - Job search assistance
 - Referral system /case management
 - Post-secondary appointments/explore
- DMACC
 - Educational outreach advisors in all high schools that provide general assistance to youth seeking college information (any college)
 - Upward bound – same for 1st generation plus low income/minority students – college & prep.
- YPII (intermediary)
 - Lead on Opportunity Passport with 12 organizations
 - Improve outcomes for youth (14+) leaving foster care;
 - Increase educational performance, high school graduation
 - Increase self-sufficiency
 - Promote youth engagement and youth leadership
- Iowa New Choices
 - Youth, single parents, low income and dislocated,
 - Assistance with case management and support to these populations
- ASK Resource
 - Youth leadership, character and service
 - Identifying and training older youth that have successfully transitioned out of HS as mentors for youth with disabilities still in HS
- Youth Leadership Initiative
 - Alumni mentor program
- Future Pathways – DMPS program
 - Transition to adulthood
- Polk County Extension
 - Adventure Learning Center – portable challenge activities for incoming freshmen at Drake and graduate students at ISU MBA program



18 Years and Above

- Big Brothers/Big Sisters
 - Mentor ES and MS youth at the school
 - Mentor Polk County youth at their homes
 - All 1-1 and developing 21 assets
- Fatherhood Initiative
 - Keeping young fathers connected
 - Father/child activities

Youth Development Partnership Polk County Youth Development Map

- DMACC
 - GED, ESL, ABE, certificate and 2 year degree programs
 - Offender training, work force preparation
 - Workforce Training Academy – tuition assistance for certificate programs
 - MEPB – greater than 24 years – connecting and resources for at risk youth
 - Iowa New Choices
 - Central Iowa Works
- Iowa Jobs for America's Graduates (I-JAG)
 - Early college success program
 - Pilot program in partnership with DMACC Urban Campus for '08-'09
 - Goal is to assist students in transition to college and help them gain meaningful employment
- Young Women's Resource Center
 - Young mom's groups – education and support for teen moms
 - Justice groups – counseling groups for youth involved in juvenile justice system
 - Childbirth education groups for pregnant women and partners
 - Doula – individual childbirth support person
- Iowa Comp. Human Services (WIA)
 - GED/HS complete
 - Increase math/reading skills – 9th grade and above
 - Employment skills
 - Credential explore – post secondary opportunities
 - Job search/placement
 - Referral/case management
 - Follow up services
- Elevate/CFI
 - Advocacy, mentoring and consulting
 - Successful transition to permanency/defined by youth
 - Connection building with people and community
- Learning for Life
 - Career exploring – co-ed ages 14-20
 - Work with DSM University, DSM Police Dept., Polk County Sheriff's Dept, WDM Fire & Rescue, etc.
- Community Support KEY Program
 - Mental health services for 17.5-25 years
 - Assist with community inclusion, employment, housing, education and daily living skills
 - Decrease youth applying for SSI by gaining skills, self-confidence, empowerment, ability to work through and maintain healthy lifestyle
 - Also offer services for adults (18+) with MR/DD/MH/BI through targeted case management, service coordination, integrated services agency
- State of Iowa Youth Advisory Council
- ICAN (Iowa College Access Network)
 - How to succeed in college
 - Financial aid
- Boys & Girls Clubs
 - Junior staff program
- EFR
 - Case management and intervention services
 - Bilingual individual and family counseling
 - Restorative justice programs
 - Substance abuse and violence programs
- Children and Family Urban Ministries (CFUM)
 - Hire college interns and other youth to teach job skills
 - Mentor younger youth and come to a better understanding of racial and economic stereotypes

Youth Development Partnership Polk County Youth Development Map

- Provide scholarships for higher education to youth who stay connected with programming and do well in school

Items that Cross Multiple Categories

- Learning for Life
 - Co-Ed – grades K-12
 - Kids West After School Programs (K-7th grade in 9 schools)
- Youth Venture
 - 12-24 years
- Youth PQA
 - Assessment – 10-18+ years
- 4H Club and Youth Development
- Sequel Care of Iowa
 - Ages 4-21
 - Remedial
 - JCS grants/assistance, transitional living, in-school programming (MS)
 - Gender specific groups
- DMACC Career Opportunities (youth – adult)
- Young Women’s Resource Center
 - Women ages 11-18
 - Individual therapy
 - Car seat safety program (400 seats given away with education each year)
 - Case management services for Hispanic families through Visiting Nurse Services
 - Community day – supplies (diapers, formula) to parenting moms
- MEPB – Multiple Education Pathways Blueprint
 - Increase educational pathways to youth to increase graduation and success in life
 - Focus on years 14-24 but system should impact all youth
- The Fatherhood Initiative of Polk County
 - Improving the connection between father and child
 - Goal: to enhance the quality and quantity of time any father shares with his child
- Oakwood YEWP
 - Members will improve academically
 - Members will improve behavior and demonstrate good citizenship
 - Members will practice safe and healthy lifestyles
- PACE
 - Education day programs (ages 12-17)
 - CEO/Pathways (ages 16-21 boys and girls)
 - Suspension program
 - Tutoring
 - Detention alternative sanction restitution
 - Community outreach
 - Court based services
 - ESP (12 and under)
 - Diversion (13 – 17)
 - JCSL/Art – middle school and high school
 - Substance abuse
- ICAN (Iowa College Access Network)
- DMPS Success Program
 - Pre-natal to age 21
 - School based case management
 - Mental health services
 - After school age and gender specific groups
 - Summer programming

Youth Development Partnership Polk County Youth Development Map

- Transition programs (MS to HS, ES to MS)
- Educational, emotional and family support
- Boys & Girls Clubs
 - McCombs Middle School – ELI funded transition services
- Camp Fire USA
 - Community Family Club
 - Parent/youth events to encourage parents and kids working together
- 3 Principles Network
 - “State of mind” classes
 - Activities for youth and youth workers
 - Goal: enjoy life, success, good/strong relationships, reduce stress

Other Groups to Potentially Include in the Polk County Youth Development Map

- Refugee/immigrant groups
- Dept of Human Rights
- 4 year universities
- Business community (e.g. Chambers)
- Faith community
- Law enforcement
- Cities in Polk County
- YMCAs and YWCAs
- Health care
- Other school districts (other than DMPS)
- Arts and cultural groups
- Parents (e.g. PTAs)
- Sports clubs (e.g. Little League)
- Neighborhoods
- Persons with disabilities